

Hello, I'm Sandy

I'm a friendly, compassionate and down-to-earth person with a genuine passion for helping others. As a Nursing and Midwifery student, I combine my growing healthcare knowledge with years of life experience to provide caring, respectful and meaningful support.

MY QUALIFICATIONS & TRAINING

- Dual Bachelor of Nursing & Midwifery (Current studies - Final year)
- PEG Feeding
- Medication Administration
- First Aid & CPR

A LITTLE BIT ABOUT ME

I'm a proud mum of 3, with my eldest now 26! Between motherhood and a lifetime of caring for others, I've learnt the value of patience, compassion and understanding. I love sharing a laugh and making everyday moments enjoyable. Outside of work and study, I enjoy making memories with family, friends and my much-loved dogs!

I CAN SUPPORT MY CLIENTS WITH

- **Personal Organisation**
- **Social & Community Participation**
- **Daily Living Support**
- **Meal Plan & Prep Assistance**
- **Personal Care**
- **Errands & Shopping**
- **Community Access**

MY APPROACH TO SUPPORT

- Compassionate, person-centred care.
- Building trust and genuine connections.
- Making everyday moments meaningful.
- Achieving goals at your own pace.

MY INDUSTRY EXPERIENCE

3+ YEARS

- Developing knowledge in healthcare, & person-centred care.
- Experienced in supporting all ages
- Developing practical care skills

MY FAVOURITE THINGS



The Colour Green



Our Doggies



Good Company



Walking/ Enjoying Nature

MY FAVOURITE QUOTE: *"Sometimes the smallest things take up the biggest part of our hearts."*