

Hello, I'm Jessica

Meet Jess! A caring, down-to-earth and approachable Support Worker with 2 years of experience. Jess brings patience, reliability and a great sense of humour to her role, helping participants feel comfortable, confident and supported.

MY QUALIFICATIONS & TRAINING

- Certificate III Individual Support
- First Aid & CPR
- NDIS Leaning Modules

A LITTLE BIT ABOUT ME

I'm a friendly, easygoing person who loves a good laugh and building genuine connections with others. Outside of work, I enjoy playing netball, wandering through Kmart, heading to the beach or exploring bushwalking trails. I'd also love to find a gym buddy and one day organise an all-abilities netball team!

I CAN SUPPORT MY CLIENTS WITH

- **Personal Organisation**
- **Social & Community Participation**
- **Daily Living Support**
- **Meal Plan & Prep Assistance**
- **Personal Care**
- **Errands & Shopping**
- **Community Access**

MY APPROACH TO SUPPORT

- Creating a relaxed, comfortable environment
- Patience, positivity and a sense of humour
- Helping people discover what they're capable of
- Celebrating achievements, big and small

MY INDUSTRY EXPERIENCE

2+ YEARS

- Experienced with diverse needs
- Personal care and daily living assistance
- Community access and skill development
- Experience supporting complex care needs

MY FAVOURITE THINGS



Kmart!!



Netball



The Beach



Working Out

MY FAVOURITE QUOTE: *"Life's too short to be serious all the time!"*