

Hello, I'm Zoe

Zoe brings warmth, experience and a genuine love of connecting with people to her support work. With a caring, light-hearted approach, she focuses on building trust, encouraging independence and helping each person feel comfortable, respected and valued.

MY QUALIFICATIONS & TRAINING

- Certificate IV in Ageing Support
- First Aid & CPR
- NDIS Leaning Modules

A LITTLE BIT ABOUT ME

I'm an easygoing, friendly person who loves a good conversation, a laugh and learning something new! I'm a mum of two and enjoy getting creative with my children, exploring the outdoors and making new memories together. I have a keen interest in history, news and current events, and love relaxing with a good movie on colder days.

I CAN SUPPORT MY CLIENTS WITH

- **Personal Organisation**
- **Social & Community Participation**
- **Daily Living Support**
- **Meal Plan & Prep Assistance**
- **Personal Care**
- **Errands & Shopping**
- **Community Access**

MY APPROACH TO SUPPORT

- Building genuine connections
- Listening to individual needs
- Creating a positive environment
- Encouraging independence and confidence

MY INDUSTRY EXPERIENCE

9+ YEARS

- Aged Care & Disability Support
- Working with all ages
- Medication Assistance & Mobility
- Manual Handling

MY FAVOURITE THINGS



Exploring Outdoors



Reading



History



Desserts

MY FAVOURITE QUOTE: *"Stay curious, laugh often, and never stop exploring."*