



# Hello, I'm Raelene

I'm a dedicated and caring support worker with experience helping people of all ages and abilities. I'm passionate about making sure everyone has a voice, equal opportunities, and the support to live life their way.



## MY QUALIFICATIONS & TRAINING

- Certificate III Individual Support
- Certificate IV Individual Support
- Certificate III (Integration Aide)
- Mental Health First Aid - Youth
- BA Youth Affairs
- First Aid & CPR
- Food Handling & RSA



## A LITTLE BIT ABOUT ME

I'm a strong believer in fairness, independence and making a positive difference.

I enjoy the variety that support work brings, from everyday activities to helping people develop new skills.

I bring understanding, adaptability and a down-to-earth approach to everything I do.

## I CAN SUPPORT MY CLIENTS WITH



Personal  
Organisation



Social &  
Community  
Participation



Daily Living  
Support



Meal Plan &  
Prep Assistance



Personal  
Care



Errands &  
Shopping



Community  
Access



## MY APPROACH TO SUPPORT

- Firm, but compassionate & understanding
- Strong advocacy for client rights
- Adaptable, with clear boundaries
- Honest & direct communication



## MY INDUSTRY EXPERIENCE

7+  
YEARS

- Disability & Aged Care Support
- Neurodiversity & Psychosocial Support
- Positive Behaviour & Complex Support Needs



## MY FAVOURITE THINGS



Camping With Family



A Kick of Soccer



Money Saving Tips



Feel Good Movies

MY FAVOURITE QUOTE:

*"No one can make you feel inferior without your consent."* - Eleanor Roosevelt