

Hello, I'm Beck

I am the proud Manager of Feeling Fresh Home & Community Support.
I bring a genuine positive outlook, deep ethical standards two decades of hands-on disability sector experience to my role every single day.

MY JOURNEY & PASSION

I started my journey over 20 years ago as a frontline support worker in Supported Independent Living (SIL) houses, day programs, and 1-on-1 community access.
I absolutely loved every minute of supporting my participants to achieve anything they set their minds to. Over my career, I built and managed a SIL house from the ground up to peak operations, leading a compassionate, person-centred team.
I thrive on recruiting support worker superstars who possess the genuine care factor and truly want to make a positive difference.

MY APPROACH TO SUPPORTING MY TEAM & PARTICIPANTS

- BEST PRACTICE
- SUPPORT & MENTOR
- UPHOLD STANDARDS
- GROW & DEVELOP
- COMPLIANCE & SAFETY

MY PERSONAL COMMITMENT

I ensure no stone is left unturned when supporting our participants.
By directly involving you in your support plans and strategies, we guarantee your voice leads the way so you achieve your NDIS goals with high-quality, dignified care.

MY FAVOURITE THINGS


Family & Friends



AFL - The Bombers


Music & Open Mic


Kiki - My Staffy

Feeling Fresh

-CLEANING-
-EXTERIOR MAINTENANCE-
-HOME & COMMUNITY SUPPORT-

20+ YEARS | **DISABILITY & CARE SECTOR EXPERIENCE**

MY QUALIFICATIONS & TRAINING

- Cert IV in Disability Work
- Cert III in Education (Disability)
- Support Coordination Intensive
- Assist with Medications
- NDIS Quality & Safeguards Modules
- Working With Children Check (WWCC)
- NDIS Worker Screening
- From Friend to Manager Leadership
- Mealtime Assistance (PEG Feeding)
- Positive Behaviour Support (PBS)
- Manual Handling & First Aid / CPR
- Fire, Safety, Abuse & Neglect Prevention

LIVED EXPERIENCE & COMMUNITY ADVOCACY

Beyond my professional career, I am a proud mum to two boys (and "dog-mum" to our Staffy, Kiki!).
My teenage son is neurodivergent and has been my single biggest teacher. He inspires me to advocate fiercely for his supports and needs. Together, our journey empowered us to create Autism Link, an app designed to help families navigate complex disability systems and foster meaningful change across the Autism and disability community.



DISABILITIES & SUPPORT EXPERIENCE

- AUTISM, ADHD & NEURODIVERSITY
- INTELLECTUAL & PHYSICAL DISABILITIES
- CEREBRAL PALSY
- DOWN SYNDROME
- ACQUIRED BRAIN & SPINAL CORD INJURIES
- DEMENTIA
- MULTIPLE SCLEROSIS
- MENTAL HEALTH & PSYCHOSOCIAL DISABILITIES
- BEHAVIOURS OF CONCERN
- EPILEPSY & SEIZURE MANAGEMENT
- COMPLEX MEDICAL & HIGH INTENSITY SUPPORT

MY FAVOURITE QUOTE

"Believe you can and you're half way there"