

Hello, I'm Caz

I'm a friendly, caring and approachable person who loves getting to know others. My background in retail and customer service has given me a genuine love for connecting with people.

MY QUALIFICATIONS & TRAINING

- Certificate III Individual Support
- First Aid & CPR
- NDIS Learning Modules

A LITTLE BIT ABOUT ME

I'm a proud mum of two adult children and a very loved puppy!
I had the privilege of helping my grandmother maintain her independence until she was 99, which was incredibly special to me.
I love hearing people's stories, learning new things and sharing a good laugh along the way!

I CAN SUPPORT MY CLIENTS WITH

- **Personal Organisation**
- **Social & Community Participation**
- **Daily Living Support**
- **Meal Plan & Prep Assistance**
- **Personal Care**
- **Errands & Shopping**
- **Community Access**

MY APPROACH TO SUPPORT

- Caring, compassionate and approachable
- A patient and attentive listener
- Encouraging independence & choice
- Strong people skills and social awareness

MY INDUSTRY EXPERIENCE

3+ MONTHS

- Aged care and disability support
- Supporting independence in later life
- Personal experience assisting an elderly family member live independently

MY FAVOURITE THINGS



People's Stories



Music Trivia



Historical Action-Adventure TV
eg. Game Of Thrones, Vikings



Having a Laugh!

MY FAVOURITE QUOTE: *"Forever trust in who you are and nothing else matters"*