

Hello, I'm Karla

I'm a dedicated and caring support worker with experience helping people of all ages and abilities. I'm passionate about making sure everyone has a voice, equal opportunities, and the support to live life their way.

MY QUALIFICATIONS & TRAINING

- Certificate III Individual Support
- Qualified Personal Trainer
- First Aid & CPR
- NDIS Leaning Modules

A LITTLE BIT ABOUT ME

I love having a laugh and getting to know the people I support.
I believe in taking the time to build trust, understand individual needs and create a calm, supportive environment where people feel comfortable and confident.

I CAN SUPPORT MY CLIENTS WITH

- **Personal Organisation**
- **Social & Community Participation**
- **Daily Living Support**
- **Meal Plan & Prep Assistance**
- **Personal Care**
- **Errands & Shopping**
- **Community Access**

MY APPROACH TO SUPPORT

- Patient, calm & reassuring
- Firm but supportive
- Building trust at your pace

MY INDUSTRY EXPERIENCE

5+ YEARS

- Disability Support Across All Ages
- Psychosocial Support
- Personal Care & Manual Handling
- Complex Needs & Behaviour Support

MY FAVOURITE THINGS



Camping



The Gym



Lego



Exploring Outdoors

MY FAVOURITE QUOTE: *"The more you put in, the bigger the reward."*